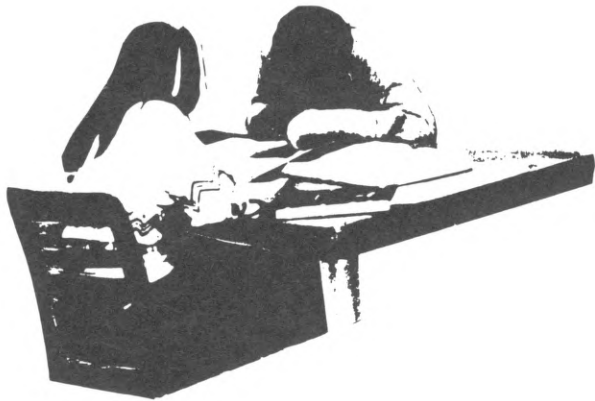


# trev-echoes

vol. 38, no. 8 trevecca nazarene college february 12, 1982

## College: The academic stress test



By Linda Dickens  
Staff Writer

Americans encounter a great deal of stress in their fast-paced lifestyles. They are constantly in conflict with the competitive nature of living, financial worries, crime, pollution, threats of war, and many other things that overwhelm them and give a feeling of powerlessness. College students feel these pressures, and because of their unique status, encounter special

problems of their own: following tight schedules, adjusting to dorm living, finding financial aid, getting along with others, and keeping up with academic work.

"College is a very stressful time, especially with its expectations of performance, and the fact that the student does not have his support group of family and friends from home," reflected Dr. Norman Henry, who is a psychologist with Christian Counseling Services. He works

part-time at Trevecca, in conjunction with Instructor of Psychology Randy Carden, offering professional counseling to students at TNC.

As students encounter difficult problems on campus, there is the fear that not enough of them are seeking help in dealing with their problems and the stress and strain that result.

"Stress is a very broad term," stated Carden. "You might define it as 'the non-specific response of the body to any demand placed upon it.' Stress can affect interpersonal relationships, being characterized by withdrawal from or conflict with others. It can also

sensitive to their particular need. Although there is a fee of eight dollars per session, the counseling service has the added advantage of providing trained professionals in the field of counseling.

"We're just ordinary people, here to help," explained Carden. "Students sometimes feel that if they need to come to someone for help, there is something wrong with them. Counseling is not something mysterious... it gives the student someone to talk to confidentially, with no one else to be aware of their problem. It is a one-to-one interaction to help the student to be able to see things better."

4) *Family issues*—"The separation from home and the loss of that support group of family and friends is a tough experience. But even on campus there are still family issues and problems—you still have to deal with Mom and Dad."

"All these reasons are okay... the great majority of students I see are normal people with normal problems; the difference is that these students (who come for help) choose to deal with the problems directly instead of sitting back and suffering with them," Dr. Henry commented.

In the five years he has been with Trevecca, Dr. Henry has seen a few students who were having thoughts of suicide. "College is a stressful time, including feelings of depression. Some students feel that their only solution is suicide. I want to get out the fact that there are solutions to whatever problems you may have, though you may not see them; the outlook is never hopeless."

Dr. Henry stressed the importance of God's role in his practice and in the lives of others: "Help comes from God through His people." He gives this advice to all students: "If you have a problem, please reach out to somebody on campus. The staff and faculty are here because this is where they choose to be, and many would love the chance to speak with and help their students. Many of us have the mistaken idea that we are supposed to handle all our problems on our own strength. Reach out, and keep reaching, till you find somebody that can help, whether it be a dorm parent, R.A., administrative staff member, faculty member, or one of us the clinic personnel."

Randy Carden is available Mondays from 9:00 to 11:00, and Thursdays from 12:00 to 2:00 for counseling. Dr. Henry is on campus Tuesdays from 9:00 to 12:00, and 1:00 to 3:00, and on Thursdays 9:00 to 11:00. Appointments may be made through the clinic.

### College stress levels are rising nationally

(CPS)—"Things were tough enough when I was in college. I certainly wouldn't want to be a student today," remarks Dr. Edwin Sneiderman, a professor in UCLA's psych department.

Indeed, student stress levels apparently have risen markedly since September, counselors on various campuses observe.

They point to signs of increasing stress like more student withdrawals from classes, packed schedules at campus counseling centers, more intra-student violence and, most tragically, more student suicides and suicide gestures.

Colleges responding to a recent National Counseling Services Data Bank survey reported that 60 percent of their counseling appointments now involve complaints of student inability to cope with stress.

"Stress-related illnesses such as anorexia nervosa are up," summarizes Dr. Marvalene Styles, director of Dan Diego State's counseling services. "There's a sharp increase in the severity of problems. Students are worried. They have a general sense of instability and lack of being grounded. It's clear that counseling centers are going to have to shift and change to address these new issues. If we don't, the result could be frightening."

Counselors blame a depressed economy, increasing tuition rates, dwindling financial aid funds, and a tight job market for pushing student stress levels up this year. Many fear a coming epidemic of campus mental health problems if those financial pressures aren't eased soon.

"We've sensed an increased

cont. on page 4

"College is a very stressful time, especially with its expectations of performance and the fact that the student does not have his support group of family and friends from home."

affect your academic performance and even cause physical problems, from tension headaches to more serious illnesses.

But stress is not *all bad*. Humans need a certain amount just to survive. Hans Selye, a psychologist known for his extensive work on stress, said, "The complete absence of stress is death." there is, Dr. Henry stated, "an optimum level of anxiety... if you are not anxious at all, you will put forth no effort in your work. But too much anxiety produces a disorganizing effect, making it hard to discipline yourself and creating other problems."

About two to five students seek help from the campus counseling services each week, though, Dr. Henry adds, this service is only one of many sources of counseling available at TNC. Students may find help from friends, college staff and faculty, relatives, pastors, or anyone else who might be

Dr. Henry finds that the problems, most often experienced by the students he speaks with have to do with adjustment to college life. He breaks these down into four general areas:

1) *Loneliness*—the inability to cope with campus life and get along with others. "On a given Friday night there are 100 kids sitting in their dorm rooms alone, thinking they are the only one alone in their rooms," he said. "There are solutions to these problems."

2) *Anxiety*—students have problems dealing with the stress of performing well at school, especially around test or exam time. Last quarter the school held at "Test Anxiety Reduction seminar," for anyone who felt they would benefit from learning to manage their test anxiety.

3) *Interpersonal Issues*—including counseling for boyfriend/girlfriend and premarital counseling.

# editorial



## LETTERS



Problems and pressures face our young people as never before and many reject the values of the Church and society. However, we should pause to salute the great numbers who staunchly uphold moral principles. In a recent speech, Mark W. Cannon, Administrative Assistant to the Chief Justice of the United States pointed out:

The vitality of traditional values is shown by their relationship to achievement. Many people are astounded to learn that most young achievers hold much more traditional values than others their age. A 1980 poll of *Who's Who Among American High School Students*, with 24,000 responding, revealed:

- Eight out of ten belong to an active religion and 71% attend services regularly.
- Nearly half don't drink and 88% have never smoked cigarettes.

- A vast majority (94%) of these teens have never used drugs, including marijuana.
- Eighty percent do not think marijuana should be legalized and 90% wouldn't use it if it were.
- 76% of these teens have not had sexual intercourse.
- Some 87% of the survey group favor a traditional marriage.
- A good number (53%) watch less than 10 hours of television a week.

Trevecca is one of several dozen Christian Colleges which emphasizes traditional Christian values. Let's continue doing that while rejoicing over the high percentage of the talented youth of America, including those at TNC, who believe in and exemplify these values.

- Homer J. Adams

Dear Editor,

I was studying at my desk in my room the other night, which is quite an accomplishment in itself, but not the purpose of my letter. Anyway, I had the radio on WNAZ, and they were playing some of their contemporary music. It made me realize how much I appreciated our campus radio station and how seldom I let them know about it. Music is such a vital part of a Christian Walk, and I am thankful for a station of this nature. It allows me to listen to the style of music I desire and enjoy, while hearing lyrics that aren't against my basic beliefs as a Christian.

With such varied views concerning contemporary Christian music, I salute a station that has the open mindedness, along with tastefulness to please the young and old alike.

Thanks to David Deese and the entire 89FM staff. You really have a ministry.

Finley Knowles  
Senior

## Celebrating a holiday

We are right now in the midst of celebrating Valentines. It's a holiday with love as its primary theme and, more than any other time of the year, people are expressing their love and appreciation to others. It makes you think of how nice it would be if Valentines lasted all year.

In keeping with the appreciative spirit we would like to thank those who have helped to make *Trev-Echoes* a better newspaper. A newspaper is not a one-man operation and there are a lot of people working in the background.

Aside from our wonderful staff, others like Phil Ketcham and Don Wilkinson have been a tremendous and invaluable help. We also thank Carl Eby and Audio Visual; Bill McKay and the Sports Information office; David Deese and WNAZ; SGA and our advisor, Jim Knear. Walter Hale and Custom Typesetting deserve thanks also, as well as Elrod Printing.

You, our readers, are also important. Thanks for your response thus far, and just remember, we are here to serve you.

## Student Government is hard at work

The Trevecca Student Government Assembly is going through one of the busiest times of the year. All the committees are hard at work making student life as good as possible.

Lloyd Brock and the Religious Life Committee have just brought us one of the best student revivals ever. Spiritual Renewal was more than the theme and almost everyone was uplifted. They are now working on the upcoming Staley Lecture Series.

Finley Knowles and his Student Activities Committee are also hard at work. The Super Savers have proved to be an overwhelming success and the activities are better than ever. This weekend they are sponsoring a number of activities under the guise of Reverse Twirp Weekend.

The other committees are also working. Kim King and the Student Life Committee, Ed Darling and TIA, and the other officers are hard at work.

\* \* \*

We are only half way through this quarter but the time to start thinking about ASB elections is now. SGA will be losing a lot of hard-working and talented seniors and someone will have to fill the void. Talk to some of the officers today.

### trev-echoes

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Deadline: Friday, February 19

Short Stories  
Poetry  
Essays  
Art  
Photography

Legacy  
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Legacy

**Trev-Echoes**, as an official publication of the Associated Student Body of Trevecca Nazarene College, is published regularly during the year, as a forum for significant news and intelligent discussion within the context of a Christian academic community. The **Trev-Echoes** office is located on the ground floor of the McClurkin Building, and all correspondence should be addressed to Box 646B, Nashville, TN 37203.

Opinions expressed in editorials and letters are not necessarily those of **Trev-Echoes**, nor the students, faculty or administration of Trevecca Nazarene College, but rather of the author. Letters are welcomed, but must not exceed 300 words. Unsigned letters will not be accepted, but names will be withheld upon request.





## Unforgettable

By Sheri McMurrin  
Staff Writer

An "Unforgettable" Valentines week-end has now been marked on our memories. The Sophomore class did a fine job presenting the campus with the annual pageant and banquet.

A Senior, Miss Kim King won the title of Valentine Queen. Miss King was truly "unforgettable" in the display of her beautiful talents. Kim's talent competition consisted of "The Laughing Song." She competed against nine other girls—all selected to be in the pageant by Trevecca's student body. The contestants competed in four categories: casual wear, talent, formal wear and impromptu questions. "The question" the girls were asked was "what is your biggest accomplishment since coming to Trevecca?"

Kim was crowned 1982 Valentine's Queen by last year's Queen, Susan Myers. She also was presented with a lovely arrangement of roses and a

white bible.

Other awards were given to Susan Strickland and Julie Smith. Susan was second runner-up and also won the talent award. Julie was chosen for the congeniality award and also first runner-up. The other contestants were Cyrisse Bianco, Lori Morsch, Carla Scott, Elaine Jones, Robin Boone, Bev Adams, and Alicia Stone.

The pageant went well except for a few technical (power) problems. The master of ceremonies was Russ Hollinsworth. He also provided the entertainment for the evening.

The Sophomore class did a fine job putting the pageant together. Cindi Melton, the student coordinator, Karan Gunter the faculty coordinator and the Sophomore class officers headed up the effort.

On Saturday night the banquet was held. Everyone enjoyed the meal and the entertainment by the Wittys and Gary Dunham.

## Janusians to present 'Miracle Worker' later this month

By Dee Metcaif  
News Editor

The story of Helen Keller, a courageous blind girl from Alabama, and her teacher, Anne Sullivan is an exciting one to say the least. This quarter Janusians are providing students with an opportunity to see this story enacted on stage.

"The Miracle Worker," by William Gibson is scheduled for February 26 and 27. Jimmy Cannon, director of the play has been auditioning a number of volunteering students for the twenty-one cast parts and

through much time and effort has formed a final group which includes the following students: Judy Blowers, as Helen Keller, Becky Clem as Anne Sullivan, Kim Finch as Kate Keller, and 18 other students.

The play will be shown at the McClurken building. Admission is \$2.50 for students, and \$3.00 without I.D.s.

There is a lot of work that goes on behind the scenes that the audience never sees, planning the program, stage props and art along with the long hours of rehearsing all combine together to make a good performance on opening nite, February 26.

## Mark Michael elected Jr. Class president

By Adrianne Austin  
Staff Writer

Mark Michael was elected Junior Class President in the recent special election. Mark took over the position formerly held by Tom Dula who did not return this quarter.

Mark is a Business Administration and Broadcasting major from Huntsville, Alabama. He is an R.A. and Sports Director at WNAZ.

As president of the Junior

Class, Mark is the Junior/Senior banquet chairman. He plans for this year's banquet to really honor the graduating seniors. The theme is "the Best of Times" and will probably be held at Silver Wings in the Hilton Airport Inn. The entertainment for the evening has not been decided, but Mark did say that there would be a slide presentation that features almost every senior. Mark also said the banquet should cost around \$4,000.00, and if the class has any money left over,

he would like to see it go to TPS or some other charitable organization.

Before the year is out, the Junior class will be sponsoring two films on campus. Mark said they will probably be *Casablanca* and *The Adventures of Robin Hood*.

When talking about his position as sports director, Mark said that for any job you are really serious about, you will naturally do your very best. Mark is very serious about the Junior class presidency.

## Trevecca group goes to Washington, D.C.

By Anita Thompson  
Staff Writer

When Dr. Toby Williams and his ten Federal Seminar students left for Washington, D.C. at 6:30 a.m. on Saturday, January 23, it wasn't apparent yet just how much would be learned or just how much fun such learning would be, but that soon became apparent.

Saturday's all-day drive was highlighted by a stop at Appomattox. Appomattox, in case you don't know, is where Lee and Grant met and the South surrendered the war to the North, depending on who tells the story...

Appomattox was beautiful. It was encased in ice. It took approximately 15 minutes to drive up the long roadway to the McLean House where the Lee-Grant meeting took place. There Tim Blanton, Steve Gallup, Becky Gillespie, John Gunn, Mary Blevie Hegi, Steve Hoskins, Linda Munro, Monica Slay, Anita Thompson, Warren Williams, and Dr.

Toby Williams got out and literally ice-skated to see all of the historical buildings at the site.

While we all took our tumbles and falls at Appomattox, the most significant thing was the trouble we had while trying to get back to the main road. All five guys got out of our rented van, and they pushed for an hour while the girls cheered them on, before we accomplished our goal.

At 11:00 p.m. Saturday night, we finally arrived in Williamsburg, where we dispersed by twos to the homes of the church people of Williamsburg First Church of the Nazarene. We all received the best of hospitality, and we got to meet some exceptionally nice people, including Don Garrison's parents. We left Williamsburg on Monday afternoon, after seeing most of Colonial Williamsburg, and headed for Washington.

We arrived at the new Washington Capitol Holiday Inn around 6:30 p.m. and

immediately went to dinner. We were assigned our roommates, and after hearing Senator Mark Hatfield, a Republican from Oregon speak on "Christian Faith and the Political Order," we headed for our rooms.

The next few days were filled with lectures by such famous persons as Supreme Court Justice Sandra Day O'Connor; ABC Correspondent and Anchorman Steve Bell; Brigadier General Albion Knight; Special Assistant to the President for Public Liaison, Mr. Morton Blackwell, and many others. Intermingled with the lectures were sightseeing trips through the National Gallery of Art, the various buildings of the Smithsonian, the Supreme Court, the Library of Congress, the State Department, and the White House. Our Capitol tour was personally conducted by Tennessee Congressman Bill Boner and his aides.

Friday came all too soon, and we had to leave our new friends from colleges such as Asbury, Azusa Pacific, Houghton, Olivet, and Wheaton.

After making stops at Mount Vernon and Monticello, we came back toward Nashville. Our heads were full of new perspectives on abortion, nuclear arms, Reaganomics, media responsibility, and the Siberian 7. We arrived at Trevecca around 2:00 a.m. on Saturday, January 30. It was good to be back on campus, but it was also hard to leave Washington behind.

A big plus about the Federal Seminar is that it is worth 3 credit hours at Trevecca. If you are interested in participating next year, contact Dr. Toby Williams or Dr. John Chilton.





## Circle K Club to present Volleyball Marathon

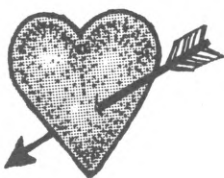
Trevecca's Circle K Club will be holding its 9th annual Volleyball Marathon March 5th and 6th in the Trevecca Gym. The event begins Friday at noon and continues through Saturday noon. The purpose of the Marathon is to raise \$5,000.00 for the National Multiple Sclerosis Society in Nashville. During the 24 hour period, Circle K will play 48 games of volleyball. The entry fee for teams wishing to play Circle K is a \$50.00 donation. There will also be a live band, movie, video games and concessions. For information call John Dunn at 248-1696 or Rocky Jenkins at 248-1671.

The management and staff of

WNAZ

Wishes

all a Happy Valentine's Day!



# Student stress . . .

from pg 1

anxiety and stress among students here," says Paul Ginsberg, dean of students at the University of Wisconsin-Madison. "Our counselors are seeing more students with increasingly more serious and intense problems."

Student appointments at Michigan State's counseling center have doubled this year. Wisconsin, Arizona State and Washington, among others, report smaller, though still significant, increases in the number of appointments.

"Students are under tremendous stress," says Joanne Hanachek, associate counseling director at Michigan State. "There's a general sense of powerlessness that students seem to be feeling in coping with life."

Counselors say their students are consequently touchier and easily provoked.

When the University of Florida switched from a quarter to a semester system

this fall to try to conserve energy, a record 1200 students dropped out of various classes. UF counselors attribute the drop-out rate, more than twice the level of the previous year, to student inability to take the added stress of a few extra weeks of classes.

Florida counselors have also noted a dramatic flare-up of violence among students, with "more disputes being handled through fisticuffs," according to Jim Archer, director of UF's counseling center.

Don Kees, Idaho's chief counselor, blames "a very depressed economic situation" for the sudden increase. "Budgets are being cut by the state, and the effects of Reaganomics are hammering us twice as hard as the other areas of the country."

Like other counselors, Kees sees no one single reason for the increase in suicide gestures. He cites several factors that can slowly overwhelm a student.

Kees compares the stress buildup to a rising thermometer, with each added stress factor pushing up the mercury a little higher. "When the thermometer reaches a certain point, just about anything will make it blow: a fight with a friend, a bad grade, or finding out that the financial aid has

fallen through."

In response, a growing number of campuses are starting stress prevention and outreach programs. Faculty, staff and student leaders learn the warning signs of stress, and when to refer colleagues to professional counseling. Other campuses teach resident managers in dorms to watch for students who grow withdrawn, moody, emaciated or who drink heavily.

Wisconsin, which had over 60 student suicide gestures last year, is sending out 6000 letters to faculty and staff members "reminding them that there are periods of time when people are under more stress and pressure, and detailing the resources available to help students deal with their problems," Ginsberg says.

Michigan State recently organized a special counseling team to treat campus stress.

At San Diego State, where suicide gestures have increased by more than 50 percent, the counselor center recently held a "Mental Health Day" to alert students to stress-related problems.

"We've been able to prevent all suicides," says San Diego's Styles, "but the number of hospitalizations has been high this year."



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## Reverse Twirp Weekend

**Friday**

**"The Sun Never Sets  
In The Morning"**

STARRING

**D. Paul Thomas**

\*\*\*\*\*

*White Wing*

In Concert

Eva Green Benson—9:00

Since I've been at Trevecca, the biggest complaint I've heard has not been concerning food, fines or SGA. Its been a one-sided complaint from the feminine sector on campus. The complaint: the guys don't ask out the girls enough. Well, in an effort to combat the neglect of dating, your Student Activities Committee is sponsoring Reverse Twirp Weekend—a weekend when the guys ask the girls out.

Activities for the weekend include a free presentation by D. Paul Thomas, *White Wing* will be in concert, Trevecca plays Lemoyne-Owen at home, and Peter Sellers stars in the second *Inspector Clouseau* spoof, *A Shot In The Dark*.

Girls, we're behind you!

**Saturday**

**Basketball:  
Trevecca**

VS.

**Lemoyne-Owen**

\*\*\*\*\*

**A Shot in the Dark**

STARRING

**Peter Sellers**

Brought to you by the fine folks at SAC!!!



# sports

## Trojans corner Lemoyne-Owen

The Trevecca Trojans captured their 20th win of the season by defeating Lemoyne-Owen 27-25. The Trojans used the four-corner offense to perfection to capture their first ever win over the Memphis squad. Lemoyne-Owen is ranked number 14 on the NAIA National Poll.

This win allows the Trojans to hold onto their second place status in the Volunteer State Athletic Conference. David Lipscomb was in first place going into Tuesday night's

scheduled game. (Because of printing we are unable to bring you a score on that game). The Bison's record held only two losses with the last one coming at the hands of Trevecca.

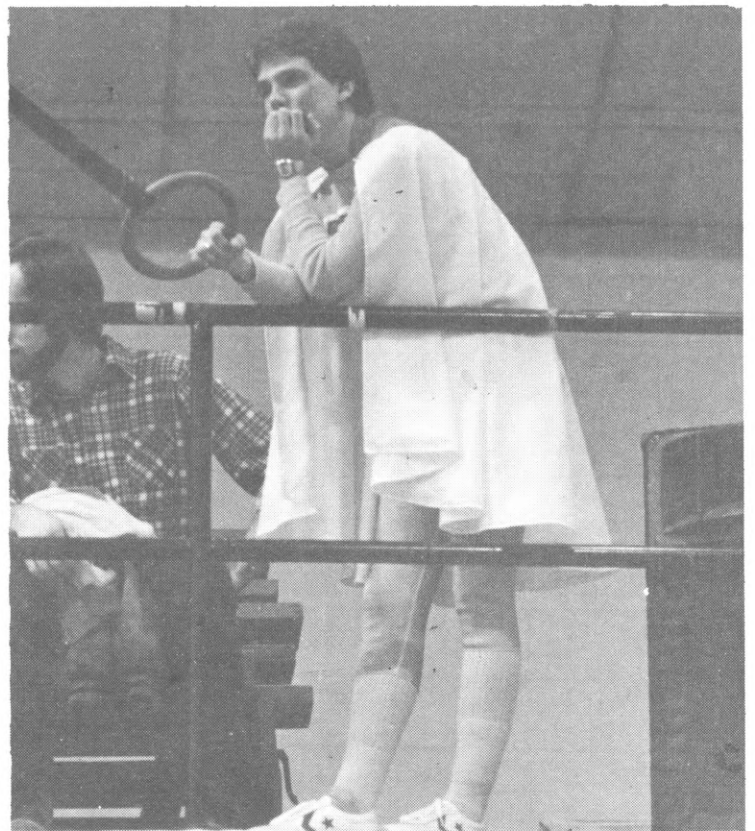
Tomorrow night the Trojans entertain Lemoyne-Owen in a VSAC rematch.

### OTHER GAMES

Trevecca 71-Union 57 — The Trojans tied a school record with their 6th win in a row. Greg Pemberton led Trevecca with 26 points on a fine 13-14 performance from the field.

The 6'6" senior also led in rebounding with 10. Melvin Taylor added 20 and Mark Williams added 19 to the Trevecca attack. Senior guard Calvin Holmes broke his own school record with 14 assists in the contest.

Lambuth 81-Trevecca 69 — For the third year in a row Trevecca was ambushed by the last placed team. The Trojans shot a poor 36% from the field and were outrebounded by the Eagles. Calvin Holmes led the Trojans with 21 and Mark Williams added 16.



## TIA continues basketball action

By Cheryl Ringham  
Sports Writer

The Beta vs. Delta game opened "C" league basketball on January 30, 1982. Although Beta was leading at the half with a 21-20 score, Delta managed to pull ahead to win, 41 to 32. Jim Thompson was high scorer for Delta with sixteen points. Wayne Lowe with twelve points and Greg Trotter with ten points were leading scorers for Beta.

Garry Marshall's ten points and Mike Toomey's nine points helped Gamma edge past Alpha to a 42-41 victory. Curt Wright who shot 21 points and Hakes who shot 13 could not bring Alpha to victory.

In "B" league basketball,

Delta came from behind at half-time to beat Beta, 43 to 40. Reggie Rose scored sixteen, aided by Robin Starr's twelve points. Beta's high scorers were Joey Mosely and Jarrell with eleven and seven points, respectively.

Gamma, sustained by Steve Tate with nineteen points, and Phil Roberson and Andy Johnson with ten points each, conquered Alpha in a 58-52 game. Alpha's Bobby Smith threw in seventeen points, assisted by Ken Whitmire with eleven points.

Beta girls stomped Delta with a 49-15 score. Karen Green's 22 points and Gabrina Williams' 15 points gave beta this victory. Delta's Dorcas

Smith was top scorer with eight

points.

Alpha, lead by Demma Heao with nineteen points and Tura Schmitz with seventeen points, smashed Gamma by a 42-19 score. High scorers for Gamma were Lesa White and Lu Ann Surface with eight and seven points, respectively.

Delta defeated Beta in a 78-72 score. Jim Brown made 40 points, backed up by McIntyre with twenty points. Beta was led by Curt Rowan who put in 32 points and Ole Blomberg who contributed eighteen points.

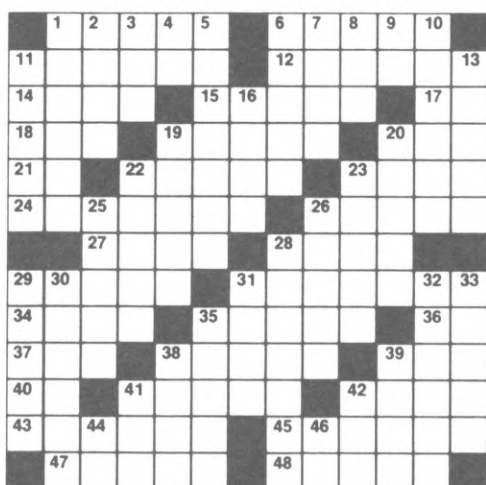
Wayne Puckett scored eighteen points and Scott Smith scored seventeen points to bring Alpha to a 70-61 victory over Gamma. Gamma's top scorers were Cox with 19 and Loren Murray with 16.

ACROSS  
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30 Weirder  
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33 Giver  
35 Falls short  
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42 Make lace  
44 Artificial lan-  
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46 Sun god

### CROSS WORD PUZZLE

FROM COLLEGE  
PRESS SERVICE



## Puzzle answer



## Echograms



Dear Rebelizma,  
Roses are red, violets are  
blue; I am so happy being with  
you. Happy Valentine's Day.  
Love you, Erfremba

T.G.F.  
You're an exceptional  
friend! Always stay your  
sweet self! Good luck with T-E!  
Happy V.D.! P.S. Remember the  
5th.  
Love, JAT

To Kenny D.  
You just can't know how  
many times your smile has  
made my day! It is a great  
pleasure to work with you.  
Happy Valentine's Day!  
Mom.

Jory Y. H.  
Always remember the night  
of th Cadillac. Thanks for an  
excellent time, you sweetie!  
Happy Valentine's Day!  
Anita

Darrell Smith  
"You're our herd."  
Love The Three Bud Gals

T. Haynes,  
Remember my note? I'M  
STILL WATCHING!  
Love always, J.C.

Dear Amy,  
J'aime tres tres bien.  
Love Steve

HAI (Henry),  
Thanks for being such a  
special person! No one else  
could have given me such  
self-respect. Happy Valen-  
tine's Day!  
JAT (Martha)

To everyone,  
Happy Valentine's Day!!!  
Echoes Staff

Darrell A.

Oh how I wish we could be together on Valentines. I miss you! Don't forget June 11-13!! (I Cor. 13:17)

Chris

Happy Valentine's Day to that elite group I hold near and dear to my heart: Don, Mom, Dad, Uncle Tim, Pedro, Jona, Russell, Ed, my roommate and to all of those in THE CIRCLE BUD.

love ya, Dee

Dear J.P.

Thanks for making spring and fall 1981 the best time of my life. You'll always be a special person to me. May God richly bless your life.

Love, B.T.

M.A.J.

Thanks for putting up with me and always being my friend. Your valentine.

B.E.T.

Susan W.

Thanks for a great twirp date! Don't forget to sign out next time!

B.T.

Have a very happy Valentine's Day, Sarah!

Love, Your SSS

To Melanie,

I hope you have a very happy Valentine's Day. With all my Love,

T.E.M.

Darla,

You have given me the happiest 3 months of my life. I thank you for being there when I needed you most. I love you and care for you deeply.

My Love through Eternity,  
Gregg Tulowitzky

Beverly Clark,

Friends are for a lifetime. I'm glad you're one of them.

W.S.

Theresa Sulser,

Hope you accommodate a stupendous and dazzling VALENTINE'S DAY! You know that I care.

Yours truly, Me

To Janine Patnode,

You're the best roomie ever!! I love ya NENE!

Love, Cathy

To Jeff Congelton,

Do you ever get the feeling you're being "watched?" Well, you are!

Love, C.L.H.

Bud Babies,

HAPPY VALENTINES DAY!

Love ya', D.J.

T.T.

I love you! Twirp dates are forever.

Love, Herb

Brenda Clark,

I'm glad you're my special Valentine.

Love, Carl

# Echograms

Happy Valentine's Day to Circle K from Circle Bud.

Are you feeling lonely on this Valentine's Day? Give me a call...1706.

Teddy Kennedy,

Love being **USED** by you. (Isn't that what close friends are for?)

Love, Joan K.

Happy Valentine's Day to all the guys in Benson 309.

In his Love, Ed

LeSena,

You're a special girl. May God's grace stay with you forever. Happy Valentine's.

Jeff

Bubba,

Our Sorority House is open to you any time. (Party weekend)

Love, The Prep

Dear Pook of Pook's Hill,

I love you more every day! Thanks for being my own special person.

Love, Your Puppy

Gary R.

See, it works better with film!

Lisa,

It's good to have you here this quarter. Happy Valentine's Day! See ya 'round.

Phil

Cindy,

You're such a special friend! I love ya. Happy Valentine's Day.

Phil

Donna,

It's really nice to see your smile everyday. You're really a sweet friend. Happy Valentine's Day.

Phil

Shelly,

Happy Valentine's Day! Thanks for being a friend.

Phil

To Gina,

The last year, plus, has been GREAT!

Love ya, Michael

To: Knots, D.J., Kristopher, Gib, We really know how to tie one on.

Teke

Dear Ed Wynn,

Do you ever get the feeling you're being stared at? Well you are! Happy Valentine's Day.

Love, "Green M&M"

Renita,

Love believes all things, bears all things, hopes all things and endures all things. (I Cor. 13:7)

Trixtor Bob, #11

Happy Valentine's Day to "Boo," April, Pedro, Ward, Vernon, Mike, Caroline, Leesa, Marsha, Mary Bleve, Kim, Gary, Andy (who's far away), and anybody else I forgot. (Don't expect a card)

Love, Lisa

Sharon,

I love you very much!

Love, Your "Big Dressing"

Happy Valentine's Day Irene Reynolds.

Danny

Johnson 3rd Floor RA,

S-H-U-T U-P!

Happy Valentine's Day!! We still love you!

Johnson 3rd Floor Ladies

Happy Valentine's day Eric. I love you.

Becky

My Teddy Bear Valentine,

On this our special Valentine's Day, there is no place I'd rather be than in your arms!

P.A.

Sweetheart,

Know this: I love you and you're my one and only Valentine. Our love is special. To Woody, from Cathy

Happy Valentine's Day 2nd Floor Johnson. Get Fired Up!

Juli,

Thanks for being a terrific roommate. Happy Valentine's Day.

Lori

To Kathy Fondren,

Love you Shortcake! From Eddie

To Kristi Morris,

Hi Dimples! From Eddie

Buddy,

Happy Valentine's Day! I love you!!!

From your Sweetheart

Dear Friend, Acquaintance or Other (Brenda),

Hope you have a Happy V-Day. You are the orange in my eye.

Your friend, Randy

To Ann Driggers,

Thanks for being a friend with a great Christian testimony. Thanks for being understanding.

Trebecca Baseball Team,

I have indeed felt Christian love in your presence. I feel as if God has given me real brothers.

Tom Pate

Stephen,

Thank you darling for all the precious moments we have shared. But, thanks most of all for loving me. I love you very much.

Pumpkin

Professor Keen,

It has indeed been a pleasure hearing your lectures. I hope God blesses you well.

Tom Pate

Barclay,

Happy Valentine's Day! I'm looking forward to spending the rest of mine with you.

I love you, Dana

In this room lives our R.A.

He does his work with a lot of pay.

We love him with all our heart. We only wish he wouldn't ---

Beth Tucker,

A perfect Valentine for my heart.

Rick

Herb,

I can't wait until we're together!!

Your packmate

Babe,

The coat and the ring are just a beginning of all the things I want to give you. Here's to a long life of love and happiness. Happy Valentine's Day!

Todd

To the Gang,

Thanks Rick, Gwen, John, Mark, Brenda, Sandy, Stephen and assorted friends for making my lunchtimes so pleasant and the rest of my life too!

Love, Your Turkey Sister

Chris,

Thanks and Happy Valentine's Day!

Tom

To my babies,

Love ya bunches. Grandpa Guy

To Debbie Otis,  
Roses are Red,  
Violets are blue,  
No one has a friend as nice as you.

Dale

Marg,

Thanks for being a sister and a friend. Happy Valentine's Day! God Bless! I love you.

Krid

Happy Valentine's Susan. I love you.

John

Beverly Bybee,

Happy Valentine's Day Bev. Girl.

Love ya, Carl

Dear Donnita,

Just wanted to wish you a Happy Valentine's Day and tell you that I love you and appreciate your friendship more every day.

Your "Honey"

Barry, Barry, quite contrary, how does your garden grow. With a Mary on Monday, Susie on Tuesday and me 3 days in a row.

The Three Muskettes

To whom it may concern,

Success is gettin' what you want. Happiness is wantin' what you get.

Bro. Dave's Messenger

Dear Messenger,

The above message concerns me! Thanks! XXX "Boo" XXX

To the children of light, and all ye who are with it, without it, transcended it, kicked it, returned to it and thought of it. Bless thee.

Happy Valentine's Day. Bro. Dave's Messenger

To everyone I've been out with this quarter:

Happy V.D.

Dana,

Thank you for being so open to me. I only wish that I could express what you mean to my life. I love you.

Barclay

Dear Janie,

Hope you have a Happy Valentine's Day. Don't forget all the "pinches." (If you know what I mean) Happy V.D.

Love, Russell

Donna, Dan, Tom, and Alfredo, Thanks for always being there!!! (Prov. 18:24)

Luv ya, Chris

Elizabeth Reedy,

Happy Valentine's Day and thanks for a great Christmas break.

G.K.